



In The Net is striving for the opportunity for its athletes and their families to *Return to Play*. In effort to *Return to Play* safely the following guidelines have been created. All players, coaches, and attendees are required to adhere to the guidelines outlined below. All team practices are voluntary for players and coaches. Players and coaches should attend at their own discretion.

DISCLAIMER: Participants, Parents, family and spectators engaging in activities at In The Net Sports Complex do so with knowledge of the risk and potential exposure involved and agree to accept any and all inherent risks to their personal health.

General

- Staff, Instructors, Coaches, Players and spectators should follow guidelines put in place by the CDC, Federal, State and local government and In The Net
- Social distancing must be practiced at all times while on the premises of In The Net
- Masks are recommended be worn at all times except when active on the field of play, until new guidelines are in place
- All participants must complete and submit the Release & Waiver, attached. Players that fail to submit the completed form will not be allowed to practice.
- Hand Sanitizer stations will be provided in the main lobby. It is suggested that all individuals bring their own hand sanitizer for individual use

Team Specific (Practice)

- Players may not arrive at their practice field more than 15 minutes prior to their scheduled practice time, players arriving early must remain in their vehicle, no exceptions
- Players should report directly to their practice field and place equipment behind the corresponding dugout and fence (F1 – 3rd base, F2 – 1st base fence, F3 – 3rd base fence, F4 – 3rd base, F5 – 1st base, F6 – 3rd base)
- Players must provide their own equipment and water bottle. These items may not be shared. Equipment and water bottles must remain in player bag when not in use
- The use of sunflower seeds or spitting of any sorts is not permitted, not abiding will result in removal from practice
- Group celebration (high fives, handshakes, fist bumps, team huddles) are not permitted

Coaches (Practice)

- Coaches are required to abide by and enforce all guidelines to players and parents
- Coaches are responsible to sanitize the bucket and balls used for practice, following practice
- Coaches must end practice at the designated end time, and ensure players exit the field at the conclusion of practice

Spectators (Practice)

- Spectators may view practices from inside of their vehicle parked in a designated parking lot space or along Taxiway Rd where permitted
- Spectators may not attend practices at the field



Sanitizing & Cleaning Procedures

- Portable restrooms and indoor restrooms will continue to be available. Indoor restrooms should be accessed through the lobby's main entrance
- Frequently touched surfaces and restrooms will be cleaned and sanitized frequently by staff
- Staff Training: In The Net Staff will be trained on all new health and safety guidelines



RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, INDEMNITY AND PARENTAL CONSENT AGREEMENT

IN CONSIDERATION of being permitted to participate in any way in any activity (“Activity”) at the facility located on or about 798 Airport Road, Palmyra, Pennsylvania, owned or operated by **In the Net, Inc.** (the “Company”), I, for myself, for my personal representatives, assigns, heirs, next of kin, and, if applicable, minor child, execute this agreement (“Release”), and hereby:

1. Acknowledge, agree, and represent that I understand the nature of the Activity and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further agree and warrant that if at any time I believe conditions to be unsafe, I shall immediately discontinue participation in the Activity;
2. Fully understand the risks associated with the Activity, which involve risks and dangers of serious bodily injury, including, but not limited to, illness, permanent or temporary disability, or death (“Risks”). I understand that participation in such Activity may involve close contact with other participants, which may result in the exposure to bacteria, virus, micro-organisms or other illness-causing pathogens, including, but not limited to, exposure to strains of COVID-19, or similar coronavirus strains. Further, I understand that such Risks may be caused by my own actions or inactions, the actions or inactions of others, the negligence, actions or inactions of the Releasee, and/or may be caused by the conditions under which the Activity takes place or the type of Activity itself;
3. Fully accept and assume all such risks and all responsibility and liability for losses, costs and damages that I incur as a result of my participation and/or the participation of the minor engaged in the Activity;
4. Release, discharge, and covenant not to sue the Company, their respective administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and owner and lessor(s) of premises on which the Activity takes place (each considered one of the “Releasees” herein), from all liability, claims, demands, losses, damages caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and I further agree that, if, despite this Release, I or anyone on my behalf, makes a claim against any of the Releasees, I expressly agree to indemnify, hold harmless, and defend, to the fullest extent allowable under the law, any and all Releasees, their successors and assigns, against all losses, damages, liabilities, deficiencies, claims, actions, judgments, settlements, interest, awards, penalties, fines, costs, or expenses of whatever kind, including reasonable attorney’s fees, that are claimed or awarded against Releasees arising out of or resulting from, or alleged to arise out of or resulting from, the Activity or participation in the Activity; and
5. Expressly agree that this Release may be treated as a complete defense to any action or proceeding that may be brought, instituted, or taken by or on behalf of the undersigned, and shall forever be a complete bar to commencement or prosecution of any action or proceeding arising out of the Activity against any Releasees, their successors and assigns.

I, being the Participant, parent or legal guardian, have read this Release in its entirety, and fully understand that I have given up substantial rights by signing it and have signed it freely and without inducement or assurance of any nature, and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this Release is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

Printed Name of Participant: _____ Phone: (_____) _____

Address: _____
(street address) (city) (state) (zip code)

Participant’s Signature (only if age 18 or over): _____

Date: ____ / ____ / ____ Email Address: _____

MINOR RELEASE

And I, the undersigned, declare that I am the parent and/or legal guardian of the Participant, and to the same extent set forth in Section 1-5 above, understand the nature of the Activity, and assert that, given the Minor’s experience and capabilities, that I believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity, and hereby release, discharge, covenant not to sue, indemnify, hold harmless, and defend each of the Releasees from all liability claims, demands, losses, or damages sustained by the minor, caused or alleged to be causes in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, the minor, or anyone on the minor’s behalf makes a claim against any of the Releasees named above, I will indemnify, save, and hold harmless each of the Releasees against any litigation expenses, attorney’s fees, loss liability, damage, or cost that may incur as the result of any such claim.

Printed name of Parent/Guardian: _____

Address (if the same as the participant, write “SAME”): _____
(street address) (city) (state) (zip code)

Phone (if the same as the participant, write “SAME”): (_____) Alt. #: (_____)

PARENT/GUARDIAN SIGNATURE (only if participant is under the age of 18): _____

Date: ____ / ____ / ____ Email Address: _____

PLAYER MAY NOT TAKE THE FIELD OR PARTICIPATE IN THE ACTIVITY IN ANY WAY UNTIL THIS FORM IS COMPLETED, SIGNED & SUBMITTED TO IN THE NET – NO EXCEPTIONS WILL BE MADE